



Packing List  
for your  
Vermont Dance  
Experience

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Intermediate Program



## Class / Performances:

### Female Dancers

- Variety of pink /skin toned tights  
We are in support of dancer wearing tights and shoes that best matches your skin tone.
- Variety of Leotards (colors are allowed)
- **MANDATORY** Leotards:
  - White
  - Black
  - Skin tone camisole
- Ballet shoes (2 pair)
- Pointe shoes (if en pointe)
- Pointe shoe accessories (if en pointe)
- Stage makeup (for make-up class and performance):
  - Such as base/foundation (match skin tone), setting powder, brown pencil, brown eyeshadow, white eyeshadow, pink blush, pink lipstick, red lipstick, black mascara, false eyelashes, eyelash glue, black eyeliner, makeup brushes.



### Male Dancers

- Variety of tights you are comfortable in (Optional)
- **MANDATORY** Tights:
  - White
  - Black
- Variety of plain colored shirts for class
- **MANDATORY** Shirts:
  - White
  - Black
- Ballet shoes (white & black pair)
- Appropriate dance undergarments
- Stage makeup (for make-up class and performance):
  - Male dancers need foundation- (match skin tone), eyeliner (match hair color brown or black), multicolor shadow (browns/rose), blush, lip color to match lip color.



## Everyone

- Dancer survival kit (needle + thread, scissors, adhesive tape, Band-Aids, nail clippers, pencil)
- Refillable water bottle
- Warm-ups
- Hair supplies (if items applies)
  - Bobby/hair pins - LOTS
  - Hairnets
  - Strong hair elastics
  - Hair spray
  - Styling gel
  - Brush and/or comb
  - Hair Dryer
- Optional items to bring if you have them:
  - Jazz shoes
  - Jazz pants
  - Ballet skirt
  - Thera-Band
  - Facial cleansing wipes/ makeup remover

\*Enough items for one week dancing every day. Since laundry is done once a week.



## Additional Clothing/Items:

All items should be clearly labeled.

- Undergarments and socks
- Zip up sweatshirt, cardigan or hoodie
- Rain jacket **and** umbrella (weather is unpredictable in the mountains)
- Tennis Shoe (we do a LOT of walking up and down hills)
- Two nice outfits with shoes for Welcome dinner and Saturday performance (age appropriate)
- Easy outfits to go over dance clothes: shirts/shorts/pants/rompers (Dancers must always wear clothes to cover leotards when walking to and from the studio, even on hot days. No exceptions!)
- Flip-flops/shower shoes - (only allowed to and from shower room)
- Pajamas - cami's/T-shirts/sweats
- Light robe for after shower
- Swimsuit



## Dorm Items:

- Bedding - mattress pad/egg crate, twin sheets set, blanket (maybe 2), pillow and pillowcase, comfort item (stuffed animal) \*The beds are hard, so take that into account!
- Electric fan (it gets hot in the dorm rooms)
- Hangers
- Photos, posters or other room decorations plus sticky tack/ wall safe tape
- Alarm clock
- Pen/pencils
- Stationary
- Books
- Quiet games
- Cell phone & charger
- Laundry bag
- \$5 in quarters for laundry
- Snacks (that are healthy and individually wrapped)
- Sanitizing wipes
- Hand sanitizer (travel size)

## Bathroom & Toiletry Supplies:

- Shower caddy (waterproof; for transport of items to and from bathroom/shower)
- Toiletries
  - Such as, shampoo, conditioner, body wash, razor, shaving cream, toothbrush, toothpaste, floss, lotion, cosmetics, sanitary supplies, contact lenses, case solution, and glasses.
- Towels (one for showering and one for the pool is recommended)

## What NOT to Pack:

- Large packages of snacks and candy. Ants WILL get into your room if there are crumbs/sticky wrappers of any kind. If you must bring goodies, please choose healthy snacks that are single serving and do not attract ants. The dining hall is excellent, and you will leave FULL. Plus, you can take a piece of fruit each time you leave!
- Laptops, tablets, electronic devices other than cell phones. We will be so busy you won't even miss them!